



CODE OF CONDUCT

For the Health, Wellness, & Peace of Mind of All

Compliance

I will comply with all guidelines and facility rules written, posted, and communicated by AE Fitness Montclair.

I will comply with direction from staff members while visiting AE Fitness Montclair.

Equipment Use

I will respect equipment and facilities at all times (Weights must not be dropped or thrown)

I will keep equipment off floor and return to proper racks when lifting is completed

I will use weight collars on barbells

Cell Phone Usage

I will restrict my phone calls to the lobby area and will not talk on the phone while on the gym floor

Safety

I will immediately report any weight room related injury or facility/equipment irregularity to the staff on duty

Etiquette

I will follow appropriate weight room safety and etiquette practices, demonstrating courtesy toward others in the room at all times.

I understand that misuse of equipment and facilities will result in immediate expulsion. Failure to leave when asked will result in loss of facility privileges.

Cleaning

I will spray and wipe down all equipment after use.

I will return all equipment to the original location or back to the front desk

Apparel

I will wear proper training attire at all times (specifically shoes: no sandals, open toe or open back shoes, Crocs, Uggs, slipper, or bare feet are allowed.)

I will restrict apparel changes to the locker room facilities

Membership

I understand that memberships are non transferrable and allowing unauthorized and unapproved non-members to use the identity of a member to gain entrance to the gym is strictly prohibited and will result in membership termination

Participant Name (Printed)

Participant Signature

Date